Claridad → Chequeo → Confirmación → Acción

SITUACIÓN

OBJETIVO

EJECUCIÓN

1

2

3

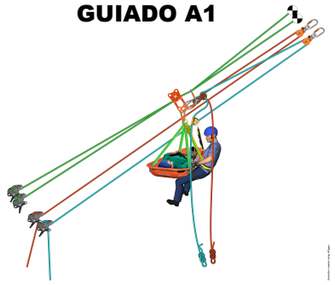
4

GESTIÓN DE EQUIPO

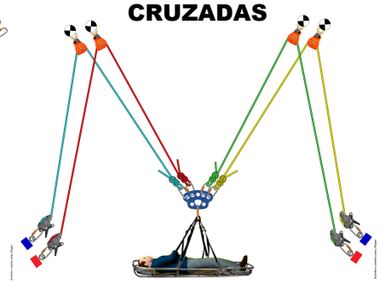
VERIFICACIÓN-ADELANTE

DESCENSO GUIADO

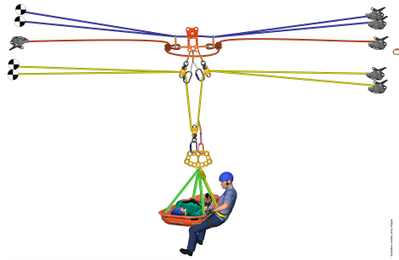
DESCENSO GUIADO A1



CARGAS CRUZADAS



APAREJO INGLES



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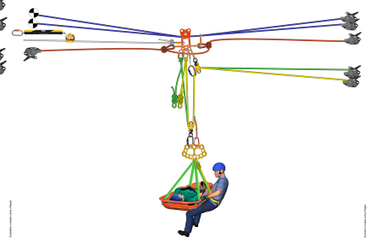
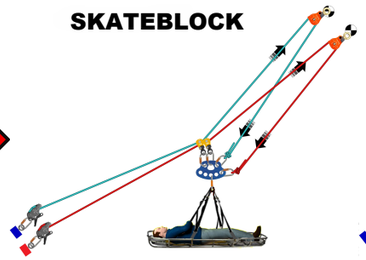
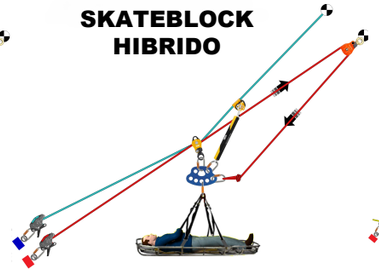


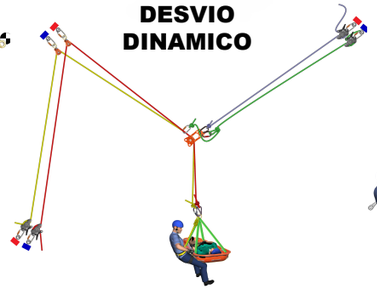
SKATEBLOCK



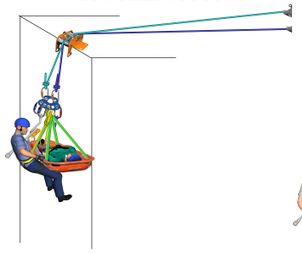
SKATEBLOCK HIBRIDO



DESVIO DINAMICO



PASO 90º HORIZONTAL



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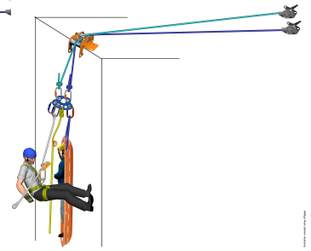
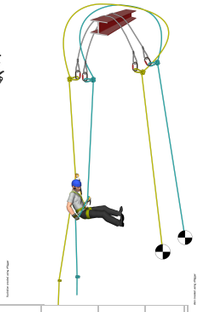
RECUPERABLES